

Teen-Adult Aquatics

Session Dates: June 28, 2010 - August 29, 2010 (9 WEEKS)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 - 9:00am	Swimnastics	Aqua Jog	Swimnastics	Aqua Jog	Super Water Workout 7:30am - Outdoor pool (8:00am in case of rain)
9:00 - 10:00am	Water Walking	Twinges Plus		Hydrosculpt	
7:30pm	Swimnastics Plus		Swimnastics	(AQUATIC SNEAKERS RECOMMENDED)	

AQUATICS FEES: (9 weeks)

Membership +

Prog / Full

1x per week	\$ 87.00	\$ 58.00
2x per week	\$165.30	\$110.20
3x per week	\$243.60	\$162.40
4x per week	\$321.90	\$214.60

Classes suspended May 31st.