

Pre-Teen/Teen Fitness/Cultural Arts

Session Dates: June 28, 2010 - August 29, 2010 (9 weeks)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:15pm			Pre-Ballet/Tap* 45 min/3-4yrs		Pre-Ballet/Tap* 45 min/3-4yrs	Little Musketeers** 11am
4:15 - 5pm	Pre-Teen Weight Workout*		Pre-Teen Weight Workout*		Pre-Teen Weight Workout*	Pre-Teen WW* 12 noon
4:30		Yoga Rocks* 4:30pm kids 6 - 10 yrs.	Drums Beg/Int.* 6yrs+			
5:30	Guitar Beg/Int.* - 6 yrs.+	NEW	Yoga Rocks* 4pm Teens 11 yrs. +	NEW		
6:00 - 7:30			Karate* 1st gr. - Jr. High			

LIFESTYLE FEES

PRE-TEEN WEIGHT WORKOUT

(3 sessions/3 weeks each)

Session 1 June 28 - July 17

Session 2 July 19 - August 7

Session 3 August 9 - August 28

FEE: 1x/week **\$25**
2x/week **\$45**
3x/week **\$70**

Guitar/Drums **\$88**

Karate **\$85**

Yoga Rocks **\$70**

Pre-Ballet/Tap **\$90**

*LIFESTYLE

**LITTLE MUSKETEERS-Fencing for boys/girls, 7-9 yrs.