

# Youth-Teen Fitness/Cultural Arts (Mommy & Me/Toddler/School Age Programs)

**Youth Lessons: February 1, 2010 - April 18, 2010 (9 weeks)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	<b>PRE-TEEN* WEIGHT FEES: (9 weeks)</b>  <b>Membership +</b> 1x <b>\$70</b> 2x <b>\$133</b> 3x <b>\$196</b>
10:30 am	Tiny Tots (12 - 20 months/35 min.) 10:15am	Come Play With Me* (9:30 - 11am)			Come Play With Me* (9:30 - 11:00am)	Little Musketeers 11am	
11 am	Toddler Gym (20 months /2½ yrs.) 40 min.				<b>NEW</b> Pre-Ballet* (3 - 4 yrs) 3:15 - 4:00pm	Pre-Teen Weight Workout* (11 - 13 yrs/45 min.) 12 Noon	
3 - 5 pm				Children's Playtime*	Pre-Teen Weight Workout* (11 - 13 yrs/ 45 min.) 4:15pm		
4:15 pm	Fit Kids I (4 - 5 yrs) 45 min.		Pre-Teen Weight Workout* (11 - 13 yrs) 45 min.		Drama Kids (4 - 5 yrs.) 4:15pm		
4:15 pm	Pre-Teen Weight Workout* (11 - 13 yrs) Drama Kids - 4:30 (6 - 10 yrs)	Fit Kids II (6-8 yrs.) 45 min.	Fit Kids III (9 - 11 yrs. /45 min.) Drums* 4:30 (6 yrs.+ 45 min.)		Drama Kids (6 - 8 yrs.) 5:00pm		
5:30 pm	Guitar-Beginner* (6 yrs,+ /45 min.)	<b>NEW</b>	Intro. To Drawing* (10 yrs, +/60 min.)		Drama Kids (9 - 12 yrs.) 6:00pm		
6:00 pm			Karate* 1st grade to Jr. High (90 min) - 10 weeks		Acting Academy (13 - 17 yrs.) 7:00pm		

**YOUTH FITNESS FEES: (9 weeks)**  
**Program Membership + \$74**  
**Full Membership + \$50**  
 except LIFESTYLE CLASSES (indicated with an \*)

**LIFESTYLE CLASSES**

Guitar/Drums (6 yrs+)	<b>\$88</b>
Come Play with Me	<b>\$113</b>
Children's Playtime	<b>\$50</b>
Karate	<b>\$102</b>
Pre-Ballet	<b>\$93</b>
Intro To Drawing (10 yrs+)	<b>\$88</b>

**DRAMA KIDS** - On-line registration and class information at [www.dramakids.com/NY1](http://www.dramakids.com/NY1) Call 516-876-4228.  
**LITTLE MUSKETEERS** - Fencing for boys/girls, 7-9yrs. For info email Coach John Wilhelm at [aerobictraining@yahoo.com](mailto:aerobictraining@yahoo.com) - 917-324-7442

**CLASSES SUSPENDED**  
 2/15 - 2/19 & 3/29 - 4/1

ALL SCHEDULES ARE SUBJECT TO CHANGE.

\*LIFESTYLE