

**2012 Winter Aquatic Programs
Patchogue Family Y**

<i>Monday, January 2nd - Saturday, February 25th</i>							
<i>Pre-registration for currently enrolled members begins Sunday, December 11th</i>							
<i>Current member registration begins Sunday, December 18th</i>							
<i>New member registration begins Wednesday, December 21st</i>							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SKIP*	10:00am	9:30am 5:15pm	9:00am 6:00pm	11:00am	5:30pm		11:00am
Perch Plus*	11:30am	9:30am	11:30am	11:30am		9:00am	
Pike	10:00am 11:30am	10:15am 1:30pm 3:45pm 5:15pm	9:30am 11:00am 1:30pm 3:00pm 4:30pm	9:30am 2:15pm 4:30pm	9:30am 11:00am 2:15pm 6:00pm	9:30am 11:00am 1:30pm 2:15pm	9:15am 10:45am 12:15pm
Eel	9:15am 11:30am	10:15am 1:30pm 4:30pm	9:30am 1:30pm 3:00pm 5:15pm	9:30am 1:30pm 2:15pm 6:00pm	11:00am 1:30pm 2:15pm 5:15pm	9:30am 11:00am 1:30pm 3:45pm	9:15am 10:45am
Ray	9:15am	11:00am 2:15pm 6:00pm	2:15pm 5:15pm	1:30pm 6:00pm	1:30pm 3:00pm 6:00pm	2:15pm	9:15am 11:30am
Starfish	10:00am	2:15pm 6:00pm	2:15pm 6:00pm		9:30am 3:00pm		10:00am
Polliwog	8:30am 10:45am 12:15pm	3:45pm 6:00pm	3:45pm 6:45pm	3:00pm 5:15pm 6:45pm	3:00pm 4:30pm 6:00pm	3:00pm	10:00am 11:30am
Guppy	9:15am 12:15pm	3:45pm 6:45pm	4:30pm 6:00pm	3:00pm 5:15pm	3:45pm 6:45pm	3:00pm	10:00am 11:30am
Minnow	8:30am	4:30pm 6:45pm	3:45pm 6:00pm	3:00pm 7:30pm	5:15pm 6:45pm	4:30pm	8:30am 12:15pm
Fish	10:45am	3:00pm	7:30pm	4:30pm 6:45pm	3:45pm 6:45pm	4:30pm	8:30am
Flying Fish	10:45am	3:00pm 7:30pm	6:45pm		6:00pm		8:30am
Shark	10:45am	7:30pm	6:45pm		6:00pm		8:30am
Porpoise	10:00am	7:30pm					12:15pm
Aqua Aerobics**				8:30am 7:30pm	8:30am		
Aqua Zumba**		8:30am					
Waterslim**		11:00am		11:00am			
Adult Lesson	12:15pm	7:00am 6:45pm	11:00am 7:30pm	8:00am	7:30pm	7:00am	12:15pm
Teen Lessons*		3:00pm		8:00pm		3:00pm	
Lifeguard Prep			6:45pm		7:30pm		
Swim Team Prep Course **			7:30pm		7:30pm		
Adult Swim Workout**				6:00am			

* Classes are a 1/2 hour in duration, **Classes are an hour in duration. All other classes are 45 minutes in duration.

Registration is now available on-line at www.ymcali.org for current YMCA members.

Cost : \$100.00 For 8 Weeks \$87.50 for seven-week session

Please note: Sunday's Programs are seven weeks long.

All participants need to have a current membership.

For more information please see our Welcome Center.