

AQUATIC SCHEDULE

Winter February 6 – April 8 / Spring April 16 – June 17

*These Classes Will Only Be Offered in the Spring Session

PRESCHOOL AQUATIC LESSONS (6 months-5yrs)

Class	MON	TUES	WED	THURS	FRI	SAT	SUN
S.K.I.P (6mth-3yrs.)	12:40-1:10pm N	*10:15-10:45am N	*9:40-10:10am N	10:15-11:45am N	9:15-9:45am N 12:15-12:45pm N	9:40-10:10am A 10:15-10:45am A	9:05-9:35am A 11:25-11:55am A
Pike (3-5yrs.)	9:15-9:45am N 1:50-2:20pm A	9:40-10:10am N *10:50-11:20am N 1:50-2:20pm A	9:05-9:35am N *10:15-10:45am N *12:40-1:10pm N 1:15-1:45pm A 2:25-2:55pm A	9:05-9:35am N 10:50-11:20am N 1:50-2:20pm A	9:50-10:20am N 11:00-11:30am N 11:40-12:10pm N 1:15-1:45pm A	10:15-10:45am N 10:50-11:20am A 12:15-12:45pm A	9:40-10:10am N 10:15-10:45am N
EEL (3-5yrs.)	9:50-10:20am N 1:15-1:45pm A	9:05-9:35am N *12:40-1:10pm N 1:15-1:45pm A 2:25-2:55pm A	*10:50-11:20pm N 1:50-2:20pm A	9:40-10:10am N 12:40-1:10pm N 1:15-1:45pm A 2:25-2:55pm A	10:25-10:55am N 1:50-2:20pm A	9:05-9:35am A 9:40-10:10am A 11:25-11:55am A 12:50-1:20pm A	10:50-11:20am N 11:25-11:55am N
Ray/Guppy (3-5yrs.)	See below						

YOUTH AQUATIC LESSONS (5-18 yrs)

Polliwog	*3:30-4:00pm A 4:05-4:35pm A 4:45-5:15pm A 5:25-5:55pm A	2:25-2:55pm A 4:05-4:35pm N 4:45-5:15pm N 5:25-5:55pm N	2:25-2:55pm A 4:45-5:15pm N 5:25-5:55pm N	4:05-4:35pm N	2:25-2:55pm A 4:05-4:35pm N 4:45-5:15pm N 5:25-5:55pm N	9:05-9:35am N 11:25-11:55am N 12:50-1:20pm N 1:30-2:00pm A	9:05-9:35am N 9:40-10:10am A 10:50-11:20am N
Guppy Ray/Guppy	12:40-1:10pm N 2:25-2:55pm A 4:45-5:15pm A 5:25-5:55pm A	*10:15-10:45am N 4:05-4:35pm N 5:25-5:55pm N	*9:40-10:10am N 4:05-4:35pm N 4:45-5:15pm N	10:15-10:45am N *3:30-4:00pm A 4:45-5:15pm N 5:25-5:55pm N	4:05-4:35pm N 4:45-5:15pm N 5:25-5:55pm N	9:40-10:10am A 10:50-11:20am N 11:25-11:55am N 12:15-12:45pm N 1:30-2:00pm A	9:05-9:35am N 9:40-10:10am A 10:50-11:20am A 11:25-11:55pm N
Minnow	4:05-4:35pm A 4:45-5:15pm A	*3:30-4:00pm A 4:45-5:15pm N	4:05-4:35pm N 5:25-5:55pm N	4:05-4:35pm N 4:45-5:15pm N	4:05-4:35pm N 5:25-5:55pm N	9:05-9:35am N 10:50-11:20am N 11:25-11:55am N 12:50-1:20pm N	9:05-9:35am N 10:15-10:45am A
Fish	4:05-4:35pm A 5:25-5:55pm A	4:05-4:35pm N	4:05-4:35pm N	4:45-5:15pm N 5:25-5:55pm N	4:45-5:15pm N	9:05-9:35am A 10:50-11:20am N 12:50-1:20pm N	9:40-10:10am A 10:50-11:20am N
Flying Fish	6:00-6:30pm A	7:00-7:30pm N		7:00-7:30pm N	6:05-6:35pm N	9:05-9:35am N 12:15-12:45pm N	10:15-10:45am A
Shark	6:35-7:05pm A	7:00-7:30pm N		7:00-7:30pm N	6:05-6:35pm N	12:15-12:45pm N	10:15-10:45am A
Porpoise (11yrs. +)		4:45-5:15pm N					10:15-10:45am N
Competitive Stroke			7:00-7:45pm N		6:45-7:30pm N		
Teen Instruction (11-18yrs.)	7:15-8:00pm A	7:45-8:30pm N	7:45-8:30pm A	7:45-8:30pm A		1:25-2:10pm N	

ADULT AQUATIC FITNESS

Adult Instruction 18yrs+	10:30-11:15am N 8:00-8:45pm A	9:40-10:25am A 8:30-9:15pm N		9:40-10:25am A 8:30-9:15pm A	10:30-11:15am A		
Arthritis	10:30-11:30am A		10:30-11:30am A				
Aqua Power	*7:00-8:00am N 11:20-12:20pm N	8:00-9:00am N 11:20-12:20pm N	8:00-9:00am N 11:20-12:20pm N	11:20-12:20pm N 7:45-8:45pm N	8:00-9:00am N		
Cardio Kickboxing		7:45-8:45pm A					
Hydrofit	9:15-10:15am A		9:15-10:15am A		9:15-10:15am A		
Masters							7:00-8:00am N 8:00-9:00am N
Water Walking		10:30-11:30am A	7:45-8:45pm A	10:30-11:30am A			
Yoqua				8:00-9:00am N			

American Red Cross Lifeguard Training Class
For more information call ext. *200

Aquatic Lessons

Fees: For 9 week session/1x per wk

Infant-Youth Lessons	\$97
Competitive Stroke	\$118
Teen/Adult Instruction	\$118

Aquatic Fitness Programs

Program Member Fee	\$108
Full Facility Members	\$54

A = Albicocco Pool
N = Norton Pool

This schedule is subject to change.
Make up Policy see Directory page.
Check for special schedules.
1/30-2/5
4/9-4/15

For info 421-4242