

Winter 2012- Effective 2/06/12

Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 9:30am Adult Open Gym	5:00am - 9:30am Adult Open Gym	5:00am - 10:00am Adult Open Gym	5:00am - 9:30am Adult Open Gym	5:00am - 9:30am Adult Open Gym	7:00am - 9:00am Adult Open Gym	8:00am - 11:00am Adult Open Basketball
9:30am - 12:00pm Gymnasium Closed	9:30am - 12:00pm Gymnasium Closed	10:00am - 12:00pm Senior Volleyball	9:30am - 12:00pm Gymnasium Closed	9:30am - 12:00pm Gymnasium Closed	9:00am - 12:00 pm Family Open Gym* (Front Half)	11:00am - 2:00pm Family Open Gym
12:00pm - 3:30pm * 1/2 Open Gym	12:00pm - 3:30pm * 1/2 Open Gym	12:00pm - 3:30pm * 1/2 Open Gym	12:00pm - 3:30pm * 1/2 Open Gym	12:00pm - 3:30pm * 1/2 Open Gym	3:00pm - 6:00pm 1/2 Open Gym with various activities* and birthday parties	2:00pm - 4:30pm 1/2 Open Gym with various activities* and birthday parties
4:00pm - 7:00pm Family Open Gym* (Front Half)	3:30pm - 6:00pm Family Open Gym* (Front Half)	4:00pm - 6:00pm Gymnasium Closed	3:30pm - 8:00pm Family Open Gym* (Front Half)	3:30pm - 6:00pm Family Open Gym* (Front Half)		
7:00pm - 10:00pm Adult Open Basketball	6:30pm - 9:30pm Adult Basketball League	6:30pm - 9:45pm Adult Volleyball League	8:00pm - 9:45pm Adult Open Volleyball*	6:00pm - 9:30pm Gymnasium Closed		
						*Could include basketball, GaGa and kickball

* Half Gym Only = Front half of the Gym

Schedules are subject to change. Please check with Member Services for any changes.

Track Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 9:30pm Adults	5:00am - 9:30pm Adults	5:00am - 9:30pm Adults	5:00am - 9:30pm Adults	5:00am - 6:30pm Adults	7:00am - 6:00pm Adults	7:00am - 5:00pm Adults
2:00pm - 8:00pm Family	2:00pm - 8:00pm Family	2:00pm - 8:00pm Family	2:00pm - 8:00pm Family	2:00pm - 8:00pm Family	9:00am - 6:00pm Family	12:00pm - 5:00pm Family

Rockwall Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00pm - 8:00pm Open	6:00pm - 8:00pm Open	6:00pm - 8:00pm Open	6:00pm - 8:00pm Open	4:30pm - 6:30pm Open	3:00pm - 6:00pm Open	2:00pm - 5:00pm Open

Adult - Must be 18 years old and have a current membership

Family - All ages are welcome. All children **MUST** be accompanied by an adult at all times.

Teen - 13 - 17 years old.

Senior - Must have a senior membership.

Open - Available to all YMCA Members

**** NO STROLLERS ON TRACK AT ANYTIME****

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**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**